

Friends of the Horsham
Library bring you

***The Great American
Diet Makeover**

with Christina Pirello
Monday, June 9, 2008
6 - 9:30 PM

Participants must arrive by 6:15



Friends of the Horsham Library welcome Christina Pirello, Emmy Award-winning host of **Christina Cooks** on PBS and the Comcast Network, conducting a 3-hour demonstration cooking class/lecture at the library Monday, June 9 from 6:30 to 9:30 PM. She will discuss our health and how to make and prepare healthier options for you and your family, demonstrating how to prepare healthier versions of some of our favorite foods using her famous "whole foods" approach.

Audience is limited to 50 participants. Tickets are \$30 per person and include 1 free raffle ticket (with the option to purchase more) for a drawing at the end of class. The drawing may include books, cooking classes and small kitchen tools. Each participant will have a chance to sample all the delicious dishes Christina cooks that evening. Recipe handouts will be provided for everyone.

At the end of the program participants will have an opportunity to meet Christina, get her autograph, and purchase copies of her books: *Cooking the Whole Foods Way*, *Christina Cooks*, and *Glow*. (Cash or checks accepted, sorry no credit cards.)

Due to the nature of this event, there will be a 72 hour cancellation policy. To cancel, telephone the library at 215-443-2609, ext. 205 no later than June 4.

Registration

Name: _____

Address: _____

Telephone: _____

of participants: _____ at \$30 each = \$_____

*Please make checks payable to "Friends of the Horsham Library"
Registration deadline is June 2, 2008.*

*Bring your registration to the library's main desk or mail to
"Friends of the Horsham Library, 435 Babylon Rd., Horsham, PA
19044-1224."*